

the

OPP

The Omega Point Program

Phase Two

the
OPP
MENTORS GUIDEBOOK

a

DAILY READING

and

MENTORS SESSION GUIDE

for

Phase 2

Days 21 to 40

by Bill Wich

OmegaPointProgram.com

June 9, 2021

Omega Point Program Session Guide

Table of Contents by Day

DAY	DAYS 21 – 40	PAGE
21.	Sacred Space - Journey up into sky, discover part; invite Ruler	8
22.	Sacred Space - Release Externals, Draw Inner Circle	12
23.	Inner Circle (IC) - Reframe Sensation. Fears homework	19
24.	Extended parts check-in/ Primary emotion, want & mission	23
25.	IC – Continue Parts check-in, Debrief check-in	27
26.	Sacred Space – Take walk with sad/shame part – do AL	30
27.	IC - Transformation Process - Reframe Behavior of a Part	37
28.	IC - Reframe Fears to Wants, Issues/Wants Homework	43
29.	IC - Child Rescue with troubled part, Parts Language	49
30.	Inner Circle - Parts on the Floor Visualization	55
31.	S/S - Follow cords – Child Rescue with lost fragments	61
32.	IC – Transformation Process – Angry or Guilty part	65
33.	Welcome Center - Higher Self invites parts to address an issue	70
34.	Project Scenarios - Passions, Talents, Skills, Wants	75
35.	Project Center – Set-up, Invite in new parts for Project	77
36.	Welcome Center – Invite in resisters to Project/Mission	80
37.	S/S –Child Rescue related to Project/Mission resistance	85
38.	S/S –Mentoring Process with PI and I/C on Project	89
39.	Inner Circle - Check-out, Blessing	92
40.	Ideal Day	96
	Wrap-up	106

Note: The OPP Phase One, Days 1 – 20, are included in a separate document.

Omega Point Program Protocols

Daily Readings and Homework by Day

Reading for Day	Homework for Day	Page
21. Guidelines: Releasing Energies, Recording Sessions	24	5
23. Reframing a Sensation, Reframe Fears into Wants	23	16
27. The Transformation Process	27	32
28. Reframe Fears into Wants	28	42
29. Parts Language, Child Rescue	28	46
30. Parts on the floor visualization	30	53
31. Top Ten Homework, Imagine Induction	31	59
Wrap-up	40	104
 Addendum A – Inner Circle Check-in, Tools Summary, Mentor Guidelines		 108