

DAILY READING

DAY 20

Logistics and Future Plans

OPP WEBSITE

For more information and the latest protocols, please visit the OPP Website:

<https://omegapointprogram.com> Email: team@OmegaPointProgram.com

MENTEE AND MENTOR FEEDBACK

On the Omega Point Program website are forms requesting feedback on this program.

Please visit the website, record your feedback there and also register as a Phase Zero Graduate. Go to [OmegaPointProgram.com/feedback](https://omegapointprogram.com/feedback)

PHASE ONE OPTIONS

There are a number of options available for the two partners to continue on to Phase 1.

If they would like to continue together:

When both partners continue together, they could skip the first 5 days of Phase 1, as these days are very similar to days covered in Phase Zero. Also the bold items in the P1 Daily Readings Index can be skipped or briefly reviewed. Optional ways to Conduct P1 are:

One partner can be Mentor for 35 days and then switch roles and repeat the 35 days. (total 70 days, 30-45 minutes a day)

One partner can mentor the other for a session and then switch roles and repeat the session on the same day. (total 35 days, 60-90 minutes a day)

One partner can be mentor on one day and then switch and repeat the session on the next day. (total 70 days, 30-45 minutes a day)

The two partners can add a third person and do a Round-Robin as described in Phase One. (total 40 days, 60-90 minutes a day)

If the partners want to continue separately:

Each partner could take on a new Mentee and be a Mentor for 40 days.

Or, each partner could find a qualified Mentor and be a Mentee for 40 days.

Many other possible combinations are also possible.

Please read the following invitation to the OPP (Phases 1 & 2).

The Omega Point Program

a 40 day *Pay It Forward* experience

An Invitation

Pierre Teilhard de Chardin is often quoted as saying:

“We are not human beings having a spiritual experience, we are spiritual beings having a human experience.”

He is also famous for predicting that at some time in our future, there will be an Omega Point, a time of spiritual and psychic convergence for all of Mankind.

"Remain true to yourself, but move ever upward toward greater consciousness and greater love! At the summit you will find yourselves united with all those who, from every direction, have made the same ascent. For everything that rises must converge."

In this dark time of massive separation and isolation, we can all hope that the current world situation represents a climax to the divisions that plague our world. It may now be time for the inevitable turnaround from peak divergence towards this predicted spiritual convergence, the Omega Point.

This Omega Point Program is one way, that we as humans, can empower and participate in this turnaround. We can share a common hope. We can participate in a common action. We can come together to get us through these trying times. We can make the most of the opportunities that these times present.

Essentially, we can now learn and share basic human skills that can help us be more kind and loving to each other. We can each start by going inside to heal and love ourselves. We can then go outside of ourselves, to be of service and help others do the same.

This program is about using many of the most effective ways known today to love ourselves and to communicate lovingly with others. Hopefully, through this program, we can all discover our common humanity, and with that as a foundation, start to come together as Teilhard predicted 80 years ago.

This program has been developed by Bill Wich and a group of people who have been helping others heal and transform for almost 30 years as part of The Next Step Training. This is simply another step in our efforts to pay it forward. We hope you'll get as much joy in passing this on as we have gotten from giving it away.

Thank you for your interest in reading this far. We hope you'll join us in this unprecedented effort.

MENTORS SESSION GUIDE

DAY 20

INTENTION

- To reflect on the experience of the first 20 days
- To review plans for doing the OPP (Phase 1 & 2)

CHECK-IN

Mentor B:

I (Mentor B) will take us through today's session.

Please check-in using PEMS and confirm if you reviewed the Daily Reading for today.

[both partners check in]

INTRODUCTION

Having completed this 20 day program, today is about reflecting on our experiences and preparing for any follow-up to the OPP that we may want to pursue.

To help us integrate what we've experienced, I'd like to ask you a few questions and then we'll switch and you'll do the same.

REFLECTION

Mentor B: (A after switch)

Feel free to share whatever comes up for you around any of these topics.

Describe your experience of the program, in your own words.

How much of this experience was new to you?

What did you learn about yourself ?

How are you different now from when you started the program?

How is your life different?

Did you encounter any conflicts with your current belief system?
Please share any additional comments you have about the program.
On a scale of 1 to 10 (outstanding), how would you rate this Program?
Please share any feedback you have for me as your Partner.

SWITCH

Mentor B: (A skips this section)

Thank you,

Let's switch roles.

You (A) can start with the **REFLECTION** section above.

PHASE ONE PLANS

Mentor A:

What is your interest in continuing on to the OPP Phase 1 & 2?

Of the options listed in the reading, do you have a preference?

(discuss options and choose a plan)

Do you have any questions or anything else you want to discuss about the Daily Reading information?

CLOSURE

Mentor A:

Is there anything else you need to feel complete for today?

Thank you.

Now, let's check out.

FINAL CHECK OUT

SCHEDULE FOLLOW-UP (if any)